

From May to June : the season it remains snow.

## Notification for Mountain Climbers

From Saijo Police Station

### The weather is different between lower and higher altitudes in mountain areas!

- ◇ Be cautions! There is snow, snowy gorges and ice in mountain areas and trails.
- ◇ The higher altitude is , the lower temperature is.
- ◇ Do not underestimate or think that climbing Mt. Ishizuchi is easy. Mt ishizuchi is the highest Mountain in Western Japan.

Overconfidence could easily lead to accidents or injury.



### Please prepare proper gear for your hike and have a plan and tell family or friends about your schedule for climbing Mt.ishizuchi!

- ◇ Allow yourself plenty of time to complete your trip.
- ◇ Check that you have all necessary equipment carefully.
- ◇ Wear proper shoes and clothes. Wearing thin clothing can be dangerous. Carry Radio and your cell phone with you.
- ◇ Even in summer, you must befully equipment (like Crampons for shoes).



### It is dangerous to climb alone!

- ◇ The possibility of injury or death is greatly increased when climbing alone.
- ◇ Climb in groups and always travels with an “Expert” .
- ◇ Accidents can happen to anyone. Accidents can happen to anyone. Even if you are an “Expert” do not be over confident.

### Don’ t overdo it! Please climb to match your physical abilities!

- ◇ Don’ t overestimate your skills. Climb at your level of skill, ability and experience.
- ◇ Climb in groups and follow your “Expert” climbing leaders directions.
- ◇ (Always) Research the mountain and the terrain you will climb. Before climbing , do physical training to build up stamina.



### Check before hand and pay attention to the Weather!

- ◇ Mountain weather is expected the day of your climb, you must discontinue your climb.
- ◇ If bad weather is expected, you must postpone your climb.
- ◇ Even if you have travelled from afar and you thought climbing cost wasted, it is necessary to give up your climbing.

### File your mountain climbing report!

- ◇ Let others know you are climbing Mt.ishizuchi.
- ◇ When you meet to the distress, your climbing report is helpful to rescue you.

#### Submission

When you climb, you must file a mountain climbing report one of the following contact.

- Family , the staff of the workplace
- Ehime Prefectural Police Headquarters  
Saijo Police Station, Police Boxes
- Trailhead post Ropeway landing, and so on

